

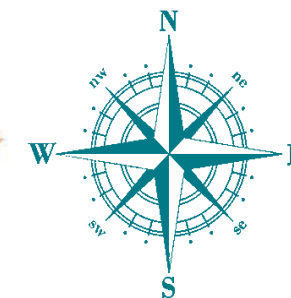


October 2019

Masonicare at Mystic

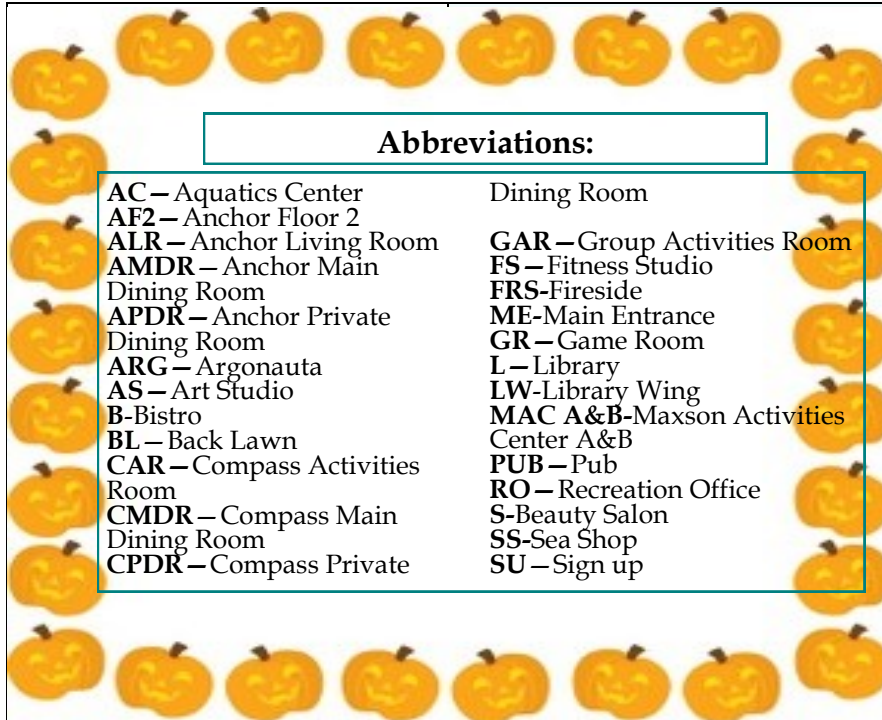
45 Clara Drive
Mystic, CT 06355
(860) 415-2500



www.masonicare-mystic.org



Activities at Masonicare at Mystic:
(860) 415-2452. All activities are
subject to change. Please check the
weekly schedule.

The Mission of Masonicare is to enhance quality of life through an exceptional continuum of person-centered care.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																													
 <p style="text-align: center;">Abbreviations:</p> <table border="0"> <tr> <td>AC—Aquatics Center</td> <td>Dining Room</td> </tr> <tr> <td>AF2—Anchor Floor 2</td> <td></td> </tr> <tr> <td>ALR—Anchor Living Room</td> <td>GAR—Group Activities Room</td> </tr> <tr> <td>AMDR—Anchor Main Dining Room</td> <td>FS—Fitness Studio</td> </tr> <tr> <td>APDR—Anchor Private Dining Room</td> <td>FRS-Fireside</td> </tr> <tr> <td>ARG—Argonauta</td> <td>ME-Main Entrance</td> </tr> <tr> <td>AS—Art Studio</td> <td>GR—Game Room</td> </tr> <tr> <td>B-Bistro</td> <td>L—Library</td> </tr> <tr> <td>BL—Back Lawn</td> <td>LW-Library Wing</td> </tr> <tr> <td>CAR—Compass Activities Room</td> <td>MAC A&B-Maxson Activities Center A&B</td> </tr> <tr> <td>CMDR—Compass Main Dining Room</td> <td>PUB—Pub</td> </tr> <tr> <td>CPDR—Compass Private</td> <td>RO—Recreation Office</td> </tr> <tr> <td></td> <td>S-Beauty Salon</td> </tr> <tr> <td></td> <td>SS-Sea Shop</td> </tr> <tr> <td></td> <td>SU—Sign up</td> </tr> </table>	AC—Aquatics Center	Dining Room	AF2—Anchor Floor 2		ALR—Anchor Living Room	GAR —Group Activities Room	AMDR—Anchor Main Dining Room	FS —Fitness Studio	APDR—Anchor Private Dining Room	FRS -Fireside	ARG—Argonauta	ME -Main Entrance	AS—Art Studio	GR —Game Room	B-Bistro	L —Library	BL—Back Lawn	LW -Library Wing	CAR—Compass Activities Room	MAC A&B -Maxson Activities Center A&B	CMDR—Compass Main Dining Room	PUB —Pub	CPDR—Compass Private	RO —Recreation Office		S -Beauty Salon		SS -Sea Shop		SU —Sign up	<p>1</p> <p>10:00 Word Game GAR 10:30 Big Y/ CVS Shopping—SU 11:00 Book Club APDR 11:00 Great Courses GAR 11:00 Open Swim AC 12:45 Chair Yoga with Pat MAC 1:00 Rummikub GR 2:00 Creative Painting GAR 6:30 Documentary Night GAR</p>	<p>2</p> <p>9:45 Parkinson Modern Dance 10:00 Zumba with Monica MAC 10:00-11:00 Blood Pressure Clinic WO 11:00 Ivoryton Play House 11:00 Word Games GAR 1:00 Meet and Greet with Mystic/ Noank Library Computer Tech GAR 1:00 Rummikub GR 1:45 Water Aerobics AC 2:00 Wii Bowling LW 3:00 At the Opera GAR 4:00 Appetizers in the PUB 6:30 Movie Theater Night MAC</p>	<p>3</p> <p>9:00 Veteran’s Coffeehouse GAR 10:30 Open Swim AC 11:15 One on One visit with Luna B 1:00 Rummikub GR 1:00 Bridge PUB 2:00 Listening to Oldies (On The Phonograph) GAR 7:15 Travelogue MAC</p>	<p>4 National Vodka Day 8:30-10:30 Shuttle for Grocery Shopping at McQuades—SU 10:00 Water Aerobics AC 10:00 Word Game GAR 11:00 Chair Pilates GAR 1:00 Rummikub GR 1:00 Singing Sessions with Clair Stadtmueller GAR 2:00 Trivia PUB 2:30 Left/Right/Center GAR 3:00 Come Enjoy a Pumpkin Martini PUB 4:00 Sabbath Jewish Services APDR 4:00 Appetizers in the PUB 6:30 Movie Theater Night MAC</p>	<p>5</p> <p>10:00 Chair Yoga with Pat MAC 11:00 Manicures GAR 1:00 Rummikub GR 1:30 Holy Rosary APDR 2:00 Bingo GAR 2:00 Dunkin Donuts and Dollar Tree SU 6:30 Movie Night GAR</p>
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<p>6</p> <p>9:15 Transportation to Church SU 11:00-2:00 Sunday Brunch CMDR 11:45 Communion GAR 12:30 Mass CH 20 GAR 1:00 Afternoon Scenic Ride SU 1:00 Sunday Football PUB 1:00 Rummikub GR 1:30 Sharing the Gospel ARG 2:00 Arm Chair Travel GAR 3:30 Knit Wits FS 6:30 Movie Night GAR</p>	<p>7</p> <p>10:00 Gilbert Stuart Museum and Lunch at Tavern by the Sea SU 10:00 Zumba with Monica MAC 11:00 Manicures GAR 12:45 Country Line Dancing GAR 1:00 Rummikub GR 1:45 Water Aerobics AC 2:00 Bingo GAR 4:00 Appetizers in the PUB 6:30 Movie Theater Night MAC</p>	<p>8</p> <p>10:00 Word Game GAR 10:30 Big Y/ CVS Shopping—SU 10:45 Meet with Resident Council Members PUB 11:00 Great Courses GAR 11:00 Open Swim AC 12:45 Chair Yoga with Pat MAC 1:00 Rummikub GR 2:00 Creative Painting GAR 6:30 Documentary Night GAR</p>	<p>9</p> <p>9:45 Parkinson Modern Dance 10:00 Zumba with Monica MAC 10:00-11:00 Blood Pressure Clinic WO 11:00 Word Games GAR 1:00 Rummikub GR 1:30 Shopping at Groton Walmart SU 1:45 Water Aerobics AC 2:00 Computer Tech with the Mystic/Noank Library SU 2:00 Wii Bowling LW 2:30 Afternoon Social B 3:00 Live Music with Willie Niniger B 3:00 At the Opera GAR 4:00 Appetizers in the PUB 6:30 Movie Theater Night MAC</p>	<p>10 National Cake Decorating Day 10:30 Open Swim AC 11:15 One on One visit with Luna B 1:00 Rummikub GR 1:00 Bridge PUB 2:00 Listening to Oldies (On The Phonograph) GAR 2:30 Edible Cake Decorating B 7:15 Travelogue MAC</p>	<p>11</p> <p>8:30-10:30 Shuttle for Grocery Shopping at McQuades—SU 10:00 Water Aerobics AC 10:00 Word Game GAR 11:00 Chair Pilates GAR 1:00 Rummikub GR 1:00 Singing Sessions with Clair Stadtmueller GAR 2:00 Trivia PUB 2:30 Left/Right/Center GAR 4:00 Sabbath Jewish Services APDR 4:00 Appetizers in the PUB 6:30 Movie Theater Night MAC</p>	<p>12</p> <p>10:00 Chair Yoga with Pat MAC 11:00 History of Hollywood with Jared Day MAC 1:00 Rummikub GR 1:30 Holy Rosary APDR 2:00 Shopping at Odd Job SU 2:00 Bingo GAR 6:30 Movie Night GAR</p>																													

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>13</p> <p>9:15 Transportation to Church SU 11:00-2:00 Sunday Brunch CMDR 11:45 Communion GAR 12:30 Mass CH 20 GAR 1:00 Coast Guard Band Concert SU 1:00 Sunday Football PUB 1:00 Rummikub GR 1:30 Sharing the Gospel ARG 2:00 Arm Chair Travel GAR 3:30 Knit Wits FS 6:30 Movie Night GAR</p>	<p>14 Columbus Day</p> <p>10:00 Zumba with Monica MAC 11:00 Manicures GAR 12:45 Country Line Dancing GAR 1:00 Rummikub GR 1:30 Shopping at Crystal Mall SU 1:45 Water Aerobics AC 2:00 Bingo GAR 3:30 The Great Explorers Documentary GAR 4:00 Appetizers in the PUB 6:30 Movie Theater Night MAC</p>	<p>15</p> <p>10:00 Word Game GAR 10:30 Big Y/CVS Shopping—SU 11:00 Fall Craft GAR 12:45 Chair Yoga with Pat MAC 1:00 Rummikub GR 2:00 Creative Painting GAR 2:00 Food 4 Thought B 3:00 October Birthday Celebration with Bob Tremble B 6:30 Documentary Night GAR</p> 	<p>16</p> <p>9:45 Parkinson Modern Dance 9:45 Essex Steam Train and Steam Boat Ride SU 10:00 Zumba with Monica MAC 10:00-11:00 Blood Pressure Clinic WO 11:00 Word Games GAR 1:00 Rummikub GR 1:15-3:15 SECT Parkinson's Support Group MAC 1:45 Water Aerobics AC 2:00 Computer Tech with the Mystic/Noank Library SU 2:00 Wii Bowling LW 2:30 Cooking Demo B 3:00 At the Opera GAR 4:00 Appetizers in the PUB 6:30 Movie Theater Night MAC</p>	<p>17</p> <p>9:00 Veteran's Coffeehouse GAR 10:30 Open Swim AC 11:15 One on One visit with Luna B 1:00 Rummikub GR 1:00 Bridge PUB 2:00 Listening to Oldies (On The Phonograph) GAR 7:15 Travelogue MAC</p>	<p>18 Wear Pink Day</p> <p>8:30-10:30 Shuttle for Grocery Shopping at McQuades—SU 10:00 Water Aerobics AC 10:00 Word Game GAR 11:00 Chair Pilates GAR 1:00 Rummikub GR 1:00 Singing Sessions with Clair Stadtmueller GAR 2:00 Trivia PUB 2:30 Left/Right/Center GAR 3:00 New Resident and Staff Meet and Greet in the PUB 4:00 Wear Pink Group Photo PUB 4:00 Sabbath Jewish Services APDR 4:00 Appetizers in the PUB 6:30 Movie Theater Night MAC</p>	<p>19</p> <p>10:00 Chair Yoga with Pat MAC 11:00 Manicures GAR 1-3:00 Ninigret Quilters Show SU 1:00 Rummikub GR 1:30 Holy Rosary APDR 2:00 Bingo GAR 6:30 Movie Night GAR</p>
<p>20</p> <p>9:15 Transportation to Church SU 11:00-2:00 Sunday Brunch CMDR 11:45 Communion GAR 12:30 Mass CH 20 GAR 1:00 Afternoon Scenic Ride SU 1:00 Sunday Football PUB 1:00 Rummikub GR 1:30 Sharing the Gospel ARG 2:00 Arm Chair Travel GAR 3:30 Knit Wits FS 6:30 Movie Night GAR</p>	<p>21</p> <p>10:00 Zumba with Monica MAC 12:45 Country Line Dancing GAR 1:00 Rummikub GR 1:30 Shopping at New London Mall SU 1:45 Water Aerobics AC 2:00 Bingo GAR 4:00 Appetizers in the PUB 6:30 Movie Theater Night MAC</p>	<p>22</p> <p>10:00 Word Game GAR 10:30 Big Y/CVS Shopping—SU 11:00 Great Courses GAR 11:00 Open Swim AC 12:45 Chair Yoga with Pat MAC 1:00 Rummikub GR 2:00 Creative Painting GAR 6:30 Documentary Night GAR</p>	<p>23 National Boston Cream Pie</p> <p>9:45 Parkinson Modern Dance 10:00 Zumba with Monica MAC 10:00-11:00 Blood Pressure Clinic WO 11:00 Word Games GAR 11:30 Lunch at the Griswold Inn SU 1:00 Rummikub GR 1:45 Water Aerobics AC 2:00 Computer Tech with the Mystic/Noank Library SU 2:00 Wii Bowling LW 2:30 Boston Cream Pie and Coffee Social B 3:00 At the Opera GAR 4:00 Appetizers in the PUB 6:30 Movie Theater Night MAC</p>	<p>24</p> <p>10:30 Open Swim AC 11:15 One on One visit with Luna B 1:00 Hunted History Tours SU 1:00 Rummikub GR 1:00 Bridge PUB 1:00 Listening to Oldies (On The Phonograph) GAR 2:30 Crafter Club for Craft Fair GAR 7:15 Travelogue MAC</p>	<p>25</p> <p>8:30-10:30 Shuttle for Grocery Shopping at McQuades—SU 10:00 Water Aerobics AC 10:00 Word Game GAR 11:00 Chair Pilates GAR 1:00 Rummikub GR 1:00 Singing Sessions with Clair Stadtmueller GAR 2:00 Trivia PUB 2:30 Left/Right/Center GAR 4-6:00 Trunk or Treat ME 4:00 Sabbath Jewish Services APDR 4:00 Appetizers in the PUB 6:30 Movie Theater Night MAC</p>	<p>26</p> <p>10:00 Chair Yoga with Pat MAC 11:00 History of Hollywood with Jared Day MAC 1:00 Rummikub GR 1:30 Holy Rosary APDR 2:00 Clyde's Cider Mill for Donuts and Cider SU 2:00 Bingo GAR 6:30 Movie Night GAR</p>
<p>27</p> <p>9:15 Transportation to Church SU 11:00-2:00 Sunday Brunch CMDR 11:45 Communion GAR 12:30 Mass CH 20 GAR 1:00 Afternoon Scenic Ride SU 1:00 Sunday Football PUB 1:00 Rummikub GR 1:30 Sharing the Gospel ARG 2:00 Arm Chair Travel GAR 3:30 Knit Wits FS 6:30 Movie Night GAR</p>	<p>28</p> <p>10:00 Zumba with Monica MAC 11:00 Manicures GAR 12:45 Country Line Dancing GAR 1:00 Rummikub GR 1:30 Shopping at Groton Square SU 1:45 Water Aerobics AC 2:00 Bingo GAR 4:00 Appetizers in the PUB 5:30 Dinner Time Music with Larry Batter PUB 6:30 Movie Theater Night MAC</p>	<p>29</p> <p>10:00 Word Game GAR 10:30 Big Y/CVS Shopping—SU 11:00 Great Courses GAR 11:00 Open Swim AC 12:45 Chair Yoga with Pat MAC 1:00 Rummikub GR 1:00 People/Plant Connection GAR 2:00 Resident Town Hall Meeting MAC A&B 6:30 Documentary Night GAR</p>	<p>30 National Candy Corn Day</p> <p>9:45 Parkinson Modern Dance 10:00 Zumba with Monica MAC 10-3:00 Pumpkin Judging B 10:00-11:00 Blood Pressure Clinic WO 11:00 Word Games GAR 1:00 Rummikub GR 1:45 Water Aerobics AC 2:00 Computer Tech with the Mystic/Noank Library SU 2:00 Wii Bowling LW 2:30 Afternoon Social B 3:00 Music with Dan Beriner B 3:00 At the Opera GAR 4:00 Pumpkin Contest Winner Announced B 4:00 Appetizers in the PUB 6:30 Movie Theater Night MAC</p> 	<p>31 Halloween</p> <p>9:00 Veteran's Coffeehouse GAR 10:30 Open Swim AC 11:15 One on One visit with Luna B 1:00 Rummikub GR 1:00 Bridge PUB 2:00 Listening to Oldies (On The Phonograph) GAR 3:00 Halloween Fashion Show and Social PUB 7:15 Travelogue MAC</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;"> <p style="text-align: center;">Masonicare Dining Room</p> <p style="text-align: center;">Bringing Guests?</p> <p style="text-align: center;">Please call for reservations</p> </div> <div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center; color: red;">BISTRO, PUB & COMPASS DINING ROOM HOURS</p> <p>Monday—Saturday 4:30—7:00 p.m. Sunday Brunch: 11:00-2:00 p.m. Monday-Saturday: 4—7:00 p.m. Bistro: Monday-Saturday: 8-9:30 a.m... & 11—1:00 p.m.</p> </div>	<p>Hairdresser Hours : Monday 1:00pm-5:00pm Tuesday 9:00am -4:00pm Wednesday 9:00am-3:00pm Thursday 9:00am -4:00pm Friday 9:00am-1:00pm</p> <p>Appointments can be made by calling the reception desk.</p> <p>Sign up for shopping and outings in the Transportation Book located in the Compass Dining Room</p>