

Activities at Masonicare at
Mystic: (860) 415-2452.
All activities are subject to
change. Please check the
weekly schedule.

OCTOBER



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Abbreviations:</p> <p>AC – Aquatics Center AF2 – Anchor Floor 2 ALR – Anchor Living Room AMDR – Anchor Main Dining Room APDR – Anchor Private Dining Room ARG – Argonauta AS – Art Studio B – Bistro BL – Back Lawn CMDR – Compass Main Dining Room CPDR – Compass Private Dining Room</p> <p>GAR – Group Activities Room FS – Fitness Studio FRS – Fireside GR – Game Room L – Library LW – Library Wing MAC A&B – Maxson Activities Center A&B ME – Main Entrance PM – Portside Market PUB – Pub RO – Recreation Office S – Beauty Salon SU – Sign up TR – Therapy Room WO – Wellness Office</p>		<p>1</p> <p>10:00 Word Game GAR 11:00 Book Club APDR 11:00 Great Courses GAR 11:00 Open Swim AC 12:45 Chair Yoga with Pat MAC 1:00 Rummikub GR 2:00 Creative Painting GAR 6:30 Documentary Night GAR</p>	<p>2</p> <p>10:00 Zumba with Monica MAC 10:00-11:00 Blood Pressure Clinic WO 11:00 Word Games GAR 1:00 Meet and Greet with Mystic/Noank Library Computer Tech GAR 1:00 Rummikub GR 1:45 Water Aerobics AC 2:00 Wii Bowling LW 3:00 At the Opera GAR 4:00 Appetizers in the PUB 6:30 Movie Theater Night MAC</p>	<p>3</p> <p>9:00 Veteran’s Coffeehouse GAR 10:30 Shopping at Groton Walmart SU 10:30 Open Swim AC 11:15 One on One visit with Luna B 1:00 Rummikub GR 1:00 Bridge PUB 2:00 Listening to Oldies (On The Phonograph) GAR 7:15 Travelogue MAC</p>	<p>National Vodka Day 4</p> <p>10:00 Water Aerobics AC 10:00 Word Game GAR 11:00 Chair Pilates GAR 1:00 Rummikub GR 1:00 Singing Sessions with Clair Stadtmueller GAR 2:00 Trivia PUB 2:30 Left/Right/Center GAR 3:00 Come Enjoy a Pumpkin Martini PUB 4:00 Sabbath Jewish Services APDR 4:00 Appetizers in the PUB 6:30 Movie Theater Night MAC</p>	<p>5</p> <p>10:00 Chair Yoga with Pat MAC 11:00 Manicures GAR 12:30 Afternoon Scenic Ride SU 1:00 Rummikub GR 1:30 Holy Rosary APDR 2:00 Bingo GAR 6:30 Movie Night GAR</p>
<p>6</p> <p>11:00-2:00 Sunday Brunch AMDR 11:45 Communion GAR 12:30 Mass CH 20 GAR 1:00 Afternoon Scenic Ride SU 1:00 Sunday Football PUB 1:00 Rummikub GR 1:30 Sharing the Gospel ARG 2:00 Arm Chair Travel GAR 3:30 Knit Wits FS 6:30 Movie Night GAR</p>	<p>7</p> <p>10:00 Zumba with Monica MAC 11:00 Manicures GAR 12:45 Country Line Dancing GAR 1:00 Rummikub GR 1:45 Water Aerobics AC 2:00 Bingo GAR 2:45 Quiet Massage ARG 4:00 Appetizers in the PUB 6:30 Movie Theater Night MAC</p>	<p>8</p> <p>10:00 Word Game GAR 10:45 Meet with Resident Council Members PUB 11:00 Great Courses GAR 11:00 Open Swim AC 12:45 Chair Yoga with Pat MAC 1:00 Rummikub GR 2:00 Creative Painting GAR 6:30 Documentary Night GAR</p>	<p>9</p> <p>10:00 Zumba with Monica MAC 10:00-11:00 Blood Pressure Clinic WO 11:00 Word Games GAR 1:00 Rummikub GR 1:45 Water Aerobics AC 2:00 Computer Tech with the Mystic/Noank Library SU 2:30 Afternoon Social B 3:00 Live Music with Willie Niniger B 3:00 At the Opera GAR 4:00 Appetizers in the PUB 6:30 Movie Theater Night MAC</p>	<p>National Cake Decorating 10</p> <p>10:00 Apple Picking at Scotts Orchard SU 10:30 Open Swim AC 11:15 One on One visit with Luna B 1:00 Rummikub GR 1:00 Bridge PUB 2:00 Listening to Oldies (On The Phonograph) GAR 2:30 Edible Cake Decorating B 7:15 Travelogue MAC</p>	<p>11</p> <p>10:00 Water Aerobics AC 10:00 Word Game GAR 11:00 Chair Pilates GAR 1:00 Rummikub GR 1:00 Singing Sessions with Clair Stadtmueller GAR 2:00 Trivia PUB 2:30 Left/Right/Center GAR 4:00 Sabbath Jewish Services APDR 4:00 Appetizers in the PUB 6:30 Movie Theater Night MAC</p>	<p>12</p> <p>10:00 Chair Yoga with Pat MAC 11:00 History of Hollywood with Jared Day MAC 12:30 Afternoon Coffee at Dunkin Donuts SU 1:00 Rummikub GR 1:30 Holy Rosary APDR 2:00 Bingo GAR 6:30 Movie Night GAR</p>

SUNDAY**MONDAY****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY****SATURDAY****13****11:00-2:00 Sunday Brunch AMDR**

11:45 Communion GAR
 12:30 Mass CH 20 GAR
1:00 Afternoon Scenic Ride SU
 1:00 Sunday Football PUB
 1:00 Rummikub GR
 1:30 Sharing the Gospel ARG
 2:00 Arm Chair Travel GAR
 3:30 Knit Wits FS
 6:30 Movie Night GAR

Columbus Day**14**

10:00 Zumba with Monica MAC
 11:00 Manicures GAR
 12:45 Country Line Dancing GAR
 1:00 Rummikub GR
 1:45 Water Aerobics AC
 2:00 Bingo GAR
2:45 Quiet Massage ARG
3:30 The Great Explorers Documentary GAR
 4:00 Appetizers in the PUB
 6:30 Movie Theater Night MAC

15

10:00 Word Game GAR
 11:00 Fall Craft GAR
 12:45 Chair Yoga with Pat MAC
 1:00 Rummikub GR
 2:00 Creative Painting GAR
 2:00 Food 4 Thought B
3:00 October Birthday Celebration with Bob Tremble B
 6:30 Documentary Night GAR

16

10:00 Zumba with Monica MAC
10:00-11:00 Blood Pressure Clinic WO
 11:00 Word Games GAR
 1:00 Rummikub GR
1:15-3:15 SECT Parkinson's Support Group MAC
 1:45 Water Aerobics AC
2:00 Computer Tech with the Mystic/Noank Library SU
 2:00 Wii Bowling LW
2:30 Cooking Demo B
 3:00 At the Opera GAR
 4:00 Appetizers in the PUB
 6:30 Movie Theater Night MAC

17

9:00 Veteran's Coffeeshouse GAR
10:00 Clyde's Cider Mill SU
 10:30 Open Swim AC
 11:15 One on One visit with Luna B
 1:00 Rummikub GR
 1:00 Bridge PUB
 2:00 Listening to Oldies (On The Phonograph) GAR
 7:15 Travelogue MAC

18

10:00 Water Aerobics AC
 10:00 Word Game GAR
 11:00 Chair Pilates GAR
 1:00 Rummikub GR
1:00 Singing Sessions with Clair Stadtmueller GAR
 2:00 Trivia PUB
 2:30 Left/Right/Center GAR
3:00 New Resident and Staff Meet and Greet in the PUB
4:00 Wear Pink Group Photo PUB
 4:00 Sabbath Jewish Services APDR
 4:00 Appetizers in the PUB
 6:30 Movie Theater Night MAC

19

9:00 Morning Scenic Ride SU
 10:00 Chair Yoga with Pat MAC
 11:00 Manicures GAR
 1:00 Rummikub GR
 1:30 Holy Rosary APDR
 2:00 Bingo GAR
 6:30 Movie Night GAR

20**11:00-2:00 Sunday Brunch AMDR**

11:45 Communion GAR
 12:30 Mass CH 20 GAR
1:00 Afternoon Scenic Ride SU
 1:00 Sunday Football PUB
 1:00 Rummikub GR
 1:30 Sharing the Gospel ARG
 2:00 Arm Chair Travel GAR
 3:30 Knit Wits FS
 6:30 Movie Night GAR

21

10:00 Zumba with Monica MAC
 12:45 Country Line Dancing GAR
 1:00 Rummikub GR
 1:45 Water Aerobics AC
 2:00 Bingo GAR
2:45 Quiet Massage ARG
 4:00 Appetizers in the PUB
 6:30 Movie Theater Night MAC

22

10:00 Word Game GAR
 11:00 Great Courses GAR
 11:00 Open Swim AC
 12:45 Chair Yoga with Pat MAC
 1:00 Rummikub GR
 2:00 Creative Painting GAR
 6:30 Documentary Night GAR

National Boston Cream Pie 23

10:00 Zumba with Monica MAC
10:00-11:00 Blood Pressure Clinic WO
 11:00 Word Games GAR
 1:00 Rummikub GR
 1:45 Water Aerobics AC
2:00 Computer Tech with the Mystic/Noank Library SU
 2:00 Wii Bowling LW
2:30 Boston Cream Pie and Coffee Social B
 3:00 At the Opera GAR
 4:00 Appetizers in the PUB
 6:30 Movie Theater Night MAC

24

10:00 Morning Walking at Ocean Beach Board Walk SU
 10:30 Open Swim AC
 11:15 One on One visit with Luna B
 1:00 Rummikub GR
 1:00 Bridge PUB
 1:00 Listening to Oldies (On The Phonograph) GAR
2:30 Crafters Club for Craft Fair GAR
 7:15 Travelogue MAC

25

10:00 Water Aerobics AC
 10:00 Word Game GAR
 11:00 Chair Pilates GAR
 1:00 Rummikub GR
1:00 Singing Sessions with Clair Stadtmueller GAR
 2:00 Trivia PUB
 2:30 Left/Right/Center GAR
4-6:00 Trunk or Treat ME
 4:00 Sabbath Jewish Services APDR
 4:00 Appetizers in the PUB
 6:30 Movie Theater Night MAC

26

10:00 Chair Yoga with Pat MAC
11:00 History of Hollywood with Jared Day MAC
12:30 Scenic Ride by the Water SU
 1:00 Rummikub GR
 1:30 Holy Rosary APDR
 2:00 Bingo GAR
 6:30 Movie Night GAR

27**11:00-2:00 Sunday Brunch CMDR**

11:45 Communion GAR
 12:30 Mass CH 20 GAR
1:00 Afternoon Scenic Ride SU
 1:00 Sunday Football PUB
 1:00 Rummikub GR
 1:30 Sharing the Gospel ARG
 2:00 Arm Chair Travel GAR
 3:30 Knit Wits FS
 6:30 Movie Night GAR

28

10:00 Zumba with Monica MAC
 11:00 Manicures GAR
 12:45 Country Line Dancing GAR
 1:00 Rummikub GR
 1:45 Water Aerobics AC
 2:00 Bingo GAR
 4:00 Appetizers in the PUB
5:30 Dinner Time Music with Larry Batter PUB
 6:30 Movie Theater Night MAC

29

10:00 Word Game GAR
 11:00 Great Courses GAR
 11:00 Open Swim AC
 12:45 Chair Yoga with Pat MAC
 1:00 Rummikub GR
 1:00 People/Plant Connection GAR
2:00 Resident Town Hall Meeting MAC A&B
 6:30 Documentary Night GAR

National Candy Corn Day 30

10:00 Zumba with Monica MAC
10-3:00 Pumpkin Judging B
 10:00-11:00 Blood Pressure Clinic WO
 11:00 Word Games GAR
 1:00 Rummikub GR
 1:45 Water Aerobics AC
2:00 Computer Tech with the Mystic/Noank Library SU
2:30 Afternoon Social B
3:00 Music with Dan Beriner B
 3:00 At the Opera GAR
4:00 Pumpkin Contest Winner Announced B
 4:00 Appetizers in the PUB
 6:30 Movie Theater Night MAC

Halloween 31

9:00 Veteran's Coffeeshouse GAR
 10:30 Open Swim AC
 11:15 One on One visit with Luna B
 1:00 Rummikub GR
 1:00 Bridge PUB
 2:00 Listening to Oldies (On The Phonograph) GAR
3:00 Halloween Fashion Show and Social PUB
 7:15 Travelogue MAC

*Happy Birthday
 To everyone
 Celebrating their
 special day this
 Month!*

