

Masonicare at Wesley Heights				November			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Dick Clark's Birthday 30 10:30 Sunday Mass/YouTube S (K) 11:00 iN2L: Play C (K) 1:00 Walking Club P (OA) 2:30 Toss 'n' Talk About Ball S (SR) 3:30 Sip 'n' Snack S (K) 4:00 iN2L: Relax E (K) 6:00 Friendly Visitors' Prayer Circle S	8:00 a.m. Breakfast 11:30 a.m. Lunch 4:30 p.m. Supper Dining Room Subject to Change & Weather Permitting		PROGRAM KEY Cognitive Emotional Physical Purposeful Social Spiritual	LOCATION KEY Lifestyles 1: A=Alcove K=Kitchen OA=Out and About SR=Sunshine Room Lifestyles 2: CC=Crafters' Corner PN=Piano Nook Wesley: AR=Activity Room DR=Dining Room Highlighted Programs are Special Events		All Saints Day 1 10:30 iN2L: Exercise P (K) 11:00 iN2L: Listen E (K) 1:00 Walking Club P (OA) 2:30 Prize BINGO! S (K) 3:30 Sip 'n' Snack S (K) 4:00 iN2L: Therapy C (K) 6:00 iN2L: Travel E (K)	
Daylight Savings Time Ends 2	PBS Debuted in 1969 3	Election Day 4	Full "Beaver" Moon 5	John Philip Sousa's Birthday 6	Elton John + Bernie Taupin 7	Patti Page's Birthday 8	
10:30 Sunday Mass/YouTube S (K) 11:00 iN2L: Play C (K) 1:00 Walking Club P (OA) 2:30 The Waltzing Balloon P (SR) 3:30 Sip 'n' Snack S (K) 4:00 iN2L: Relax E (K) 6:00 Friendly Visitors' Prayer Circle S K	9:30 Chorus Rehearsal P (AR) 10:30 Stretch/Swing JP Sousa P (K) 11:00 November Trivia C (K) 1:00 1:1 & Small Groups P (A) 2:30 Accordion Sing Along E (SR) 4:00 iN2L: Games of the Week C (K) 6:00 Prize BINGO! S (K)	10:30 Worship Service/Judy Lang S (AR) 11:00 Name 5 C (K) 1:00 Dime BINGO! S (CC) 2:30 T-Bone Performs E (AR) 3:30 Sip 'n' Snack S (SR) 4:00 iN2L: Play C (SR) 6:00 Table Games C (A)	10:30 Holy Rosary with Luz S (SR) 11:00 A-to-Z Trivia C (SR) 1:00 Walking Club P (OA) 2:30 Bowling P (SR) 2:30 The Benefits of Massage for Chronic Pain P (AR) 6:00 Karaoke with Alex E (K)	10:00 Nail Spa & Hand Massage P (SR) 11:00 Zumba with Cheryl P (SR) 1:00 1:1 & Small Groups P (A) 2:30 Lillian Bakes Katherine Hepburn's Brownies P (CC) 4:00 Wheel of Fortune C (CC) 6:00 Comedy Classics E (K)	10:00 Scenic Drive to Sleeping Giant E 10:30 iN2L: Exercise P (K) 11:00 iN2L: Kayla's Choice E (K) 1:00 1:1 & Small Groups P (SR) 2:30 Mindful Movement/Viki P (SR) 3:30 Sip 'n' Snack S (SR) 6:00 Prize BINGO! S (DT)	10:30 iN2L: Exercise P (SR) 11:00 iN2L: Listen E (SR) 1:00 Walking Club P (OA) 2:30 Arts and Crafts w/Cortney P (CC) 3:30 Sip 'n' Snack S (K) 4:00 iN2L: Therapy C (K) 6:00 iN2L: Travel E (K)	
Hedy Lamarr's Birthday 9	Marine Corps Established 10	Veterans' Day 11	Grace Kelly's Birthday 12	World Kindness Day 13	Robert Fulton's Birthday 14	America Recycles Day 15	
10:30 Sunday Mass/YouTube S (SR) 11:00 iN2L: Play C (SR) 1:00 Walking Club P (OA) 2:00 Matinée + Popcorn E (SR) 3:30 Sip 'n' Snack S (SR) 4:00 iN2L: Relax E (SR) 6:00 Friendly Visitors' Prayer Circle S	9:30 Chorus Rehearsal P (AR) 10:30 Jeff the Plant Guy C (AR) 1:00 1:1 & Small Groups P (A) 2:30 Corn Hole Game P (SR) 3:30 Sip 'n' Snack S (SR) 4:00 iN2L: Games of the Week C (SR) 6:00 Prize BINGO! S (SR)	10:30 Worship w/Roy Grubbs S (AR) 11:00 Finishing Lines C (K) 11:30 Veteran's Luncheon E (DR) 1:00 Dime BINGO! S (CC) 2:30 Sedgewick Sisters Perform E (SR) 4:00 iN2L: Play C (K) 6:00 Card Games C (A)	10:00 Communion w/Fr. Henry S (AR) 10:30 Roger Hart Photography Slideshow: Nature's Fireworks E (AR) 1:00 Walking Club P (OA) 2:30 Balloon Badminton P (SR) 4:00 iN2L: Watch C (SR) 6:00 Dance Party with Alex P (SR)	10:00 Nail Spa & Hand Massage P (SR) 11:00 Zumba with Cheryl P (SR) 1:00 1:1 & Small Groups P (A) 2:30 Lillian Bakes Peppermint Brownies P (CC) 4:00 Wheel of Fortune C (CC) 6:00 Comedy Classics E (SR)	10:00 Scenic Drive/Sherwood Island E 10:30 Larry Batter Performs P (K) 1:30 Pastoral Visits w/Bill Florin S W 2:30 Worship & Song w/Tim S (PN) 3:30 Sip 'n' Snack S (PN) 4:00 iN2L: Learn C (PN) 6:00 Friday Flick E (SR)	10:30 iN2L: Exercise P (SR) 11:00 iN2L: Listen E (SR) 1:00 Walking Club P (OA) 2:30 Prize BINGO! S (SR) 3:30 Sip 'n' Snack S (SR) 4:00 iN2L: Therapy C (SR) 6:00 iN2L: Travel E (SR)	
Dutch American HeritageDay16	World Peace Day 17	Mickey Mouse's Birthday 18	Gettysburg Address Delivered 19	Robert F. Kennedy's B'Day 20	Ritz Crackers Introduces 21	Billie Jean Kings' Birthday 22	
10:30 Sunday Mass/YouTube S (SR) 11:00 iN2L: Play C (SR) 1:00 Walking Club P (OA) 2:30 Toss 'n' Talk About Ball S (SR) 3:30 Sip 'n' Snack S (SR) 4:00 iN2L: Relax E (SR) 6:00 Friendly Visitors' Prayer Circle S (SR)	9:30 Chorus Rehearsal P (AR) 10:30 Stretch/Swing Disney ClassicsPSR 11:00 EZ Does It Trivia C (SR) 1:00 1:1 & Small Groups P (A) 2:30 Gary Stabile Performs E (PN) 3:30 Sip 'n' Snack S (SR) 4:00 iN2L: Games of the Week C (SR) 6:00 Prize BINGO! S (K)	10:30 Worship Service with Pastor Jacob Eun S (AR) 11:00 Mind Joggers C (SR) 1:00 Dime BINGO! S (CC) 2:30 Jack Performs as "Dino" P (AR) 3:30 Sip 'n' Snack S (SR) 4:00 iN2L: Play C (SR) 6:00 Table Games C (A)	10:30 Holy Rosary with Luz S (SR) 11:00 Jeopardy Trivia C (SR) 1:00 Walking Club P (OA) 2:30 Art Masters of Silvermine: Exploring Watercolor Painting P (CC) 3:30 Sip 'n' Snack S (CC) 4:00 Art History with Colleen C (SR) 6:00 Karaoke with Alex E (SR)	10:00 Nail Spa & Hand Massage P (SR) 11:00 Zumba with Cheryl P (SR) 1:00 1:1 & Small Groups P (A) 2:00 Turkey BINGO! S (DR) 3:00 Fun with Folksongs E (PN) 3:30 Sip 'n' Snack S (PN) 4:00 Wheel of Fortune C (PN) 6:00 Comedy Classics E (SR)	10:30 Scenic Drive with Lunch at Jennie's Pizzeria E (OA) 10:30 Fall Sing Along w/Carol E (AR) 1:00 1:1 & Small Groups P (SR) 2:30 Mini Pin Bowling P (SR) 3:30 Sip 'n' Sing S (SR) 4:00 iN2L: Learn C (SR) 6:00 Prize BINGO! S (SR)	10:30 iN2L: Exercise P (SR) 11:00 iN2L: Listen E (SR) 1:00 Walking Club P (OA) 2:30 Arts and Crafts w/Cortney P (CC) 3:30 Sip 'n' Snack S (SR) 4:00 iN2L: Therapy C (SR) 6:00 iN2L: Travel E (SR)	
Boris Karloff's Birthday 23	1st Air Force One Christened 24	Joe Di Maggio's Birthday 25	NHL Founded 26	Thanksgiving Day 27	Native American Heritage 28	National Day of Giving 29	
10:30 Sunday Mass/YouTube S (K) 11:00 iN2L: Play C (K) 1:00 Walking Club P (OA) 2:00 Matinée + Popcorn E (SR) 3:30 Sip 'n' Snack S (K) 4:00 iN2L: Relax E (K) 6:00 Friendly Visitors' Prayer Circle S	9:30 Chorus Rehearsal P (AR) 10:30 Stretch/Swing Grateful P (SR) 11:00 Turkey Ticklers S (SR) 1:00 1:1 & Small Groups P (A) 2:30 Name That Tune E (SR) 4:00 iN2L: Games of the Week C (K) 6:00 Prize BINGO! S (K)	10:30 Worship Service+Holy Communion with Pastor Bill Florin S (AR) 11:00 Categories: THANKS C (K) 1:00 Dime BINGO! S (CC) 2:30 Resident Birthday Party with a Performance by Tony BolognaP (AR) 6:00 Card Games C (A)	10:30 Holy Rosary with Luz S (SR) 11:00 Giving & Kindness Trivia C (SR) 1:00 Walking Club P (OA) 2:30 Ladder Golf P (SR) 3:30 Sip 'n' Snack S (SR) 4:00 iN2L: Watch C (SR) 6:00 Dance Party with Alex P (SR)	10:30 iN2L: Exercise P (SR) 11:00 iN2L: Watch E (SR) 1:00 1:1 & Small Groups P (A) 2:30 Holiday Matinée E (SR) 3:30 Sip 'n' Snack S (SR) 4:00 Turkey Day Trivia C (SR) 6:00 Comedy Classics E (SR)	10:00 Scenic Drive to Wallingford E 11:00 iN2L: Exercise P (SR) 1:00 1:1 & Small Groups P (A) 2:30 Corn Hole Game P (SR) 3:30 Sip 'n' Sing S (SR) 4:00 iN2L: Learn C (SR) 6:00 Friday Flick E (SR)	10:30 iN2L: Exercise P (SR) 11:00 iN2L: Listen E (SR) 1:00 Walking Club P (OA) 2:30 Prize BINGO! S (SR) 3:30 Sip 'n' Snack S (SR) 4:00 iN2L: Therapy C (SR) 6:00 iN2L: Travel E (SR)	