

Masonicare at Newtown

*cordially invites you
to a complimentary lunch presentation*

Presenter:

Susan Nesci, Chief Public Health and Policy Officer,
Arthritis Foundation

“Osteoarthritis: Moving is the Best Medicine”

Osteoarthritis is the most common joint disorder and is caused by the breakdown and eventual loss of the cartilage of one or more joints. Susan will discuss the warning signs, diagnosis, prevention and treatment along with demonstrating exercises from the Arthritis Foundation’s Exercise Program. Group participation is encouraged.

Tuesday, September 21, 2010

Complimentary Lunch - 12:00 p.m.

Program - 12:30 p.m.

Join us for this information-filled session. You will also have an opportunity to learn more about our facility and unique services.

**Please call the Masonicare HelpLine at 888-679-9997
to make your reservation. *Seating is limited.***

Masonicare at Newtown is located at 139 Toddy Hill Road in Newtown.